

Ipsalu Tantra International
Cobra Breath Agreement and Questionnaire

Out of respect for the power and sacredness of the Cobra Breath, I promise to keep it to myself and not reveal it to anyone without permission from an authorized Ipsalu Tantra representative. I further agree to not teach any Ipsalu Tantra™ course without authorization, or represent myself or any service I provide as affiliated with Ipsalu Tantra™ without expressed permission from Ipsalu Tantra International.

Ipsalu Tantra™ is a system of practices promoting health and well-being. Caution and common sense should be utilized in following any of the suggestions about food, exercise, breathing, sexual activity, etc. This course is not meant to replace competent medical advice. Anyone suffering from high blood pressure, venereal disease or any illness of their sexual organs should consult a medical doctor before practicing the methods taught here. Anyone with a history of emotional instability or who is currently in a time of rapid transition or high stress is advised to delay his or her initiation and be careful in using meditation techniques that transmute energy into the brain. There are calming techniques that we could suggest.

Anything shared by group participants is absolutely confidential and not to be shared outside the workshop.

I have read the foregoing and take full responsibility for my use of the information provided by Ipsalu Tantra. I absolve Ipsalu Tantra and the instructors of any liability whatsoever.

Date: _____ Signature _____

PLEASE PRINT LEGIBLY!

Name _____ Birthdate _____

Address _____ Phone _____

City _____ State _____ Zip _____ Male Female Single Committed

Education _____ Occupation _____

Email address _____

What is your purpose in taking this course? _____

How did you hear about Ipsalu Tantra™?

What do you feel is your overall dedication to a spiritual practice? (Low) 1 2 3 4 5 (High)

How high is your interest in developing a daily sexual-spiritual practice? 1 2 3 4 5

BACKGROUND: list, in order of their significance to you and years of experience you have had with yoga, tantra, meditation, schools, consciousness-raising courses, breath work, body work, books and initiations into spiritual systems.

1. _____ yrs 4. _____ yrs

2. _____ yrs 5. _____ yrs

3. _____ yrs 6. _____ yrs

GENERAL HEALTH: Excellent Good Some Problems