

Ipsalu Tantra Teacher Training – Module 1

When: April 13-20, 2012

Where: Parsonage Side
Retreat, Somerset, England

Presenters: Pat Sheehan
and Nadine Burdine

Cost: £1100 inclusive of meals and
accommodation

A special energy always blesses Ipsalu events. This is a sacred space, the heart space that opens from the Ipsalu Formula. Creating this space is both an art and a science. The Formula works naturally when a Teacher allows the energy to flow from their true Self.

Mod 1 will be residential in the Parsonage Side Retreat near Bridgwater, Somerset. This is a beautiful centre which includes an indoor swimming pool for the exclusive use of class participants.

The cost includes accommodations, meals and extensive training materials. The course begins with dinner at 6:00 pm on April 13 and completes with lunch at 12:30 pm on April 19.

Places on this class will be limited to 12 due to the size of the venue. A deposit of £250 secures your place. Staged payments will be required to cover venue and teacher travel expenses.

To book please contact Gerry Russell at ipsalutantraeurope@gmail.com or 01453 825123 (h)/07796591071(m).

Cancellation Policy:

A £100 fee is deducted from all cancellations. If notice of cancellation is received more than 8 weeks prior to the course, the deposit and any payments made, in excess of £100, are transferable to a future Ipsalu Tantra Europe course. If notice of cancellation is received less than 8 weeks prior to the course, all payments are forfeited,

Image: Heart Space, Nadean O'Brien, www.jeweledlotus.com

Ipsalu Tantra Teacher Training – Module 1 Overview

During Mod 1 You Will Develop and Demonstrate

Ability to “hold space” for individuals in classes &/or mentoring sessions, that is, to set ego aside and allow your higher wisdom to come through. Ability to create the magic of timelessness & seamless in a session.

Willingness to see the divinity of individuals, and to help them see it for themselves. Ability to use your voice in a way that feels warm and nurturing.

Ability to create a safe space where people can relax their defenses and explore deeply. Ability to teach & inspire individuals to practice the key techniques from Level 1.

Ability to create & facilitate a Satsang with a group.

Ability to review Cobra Breath (with a group or individual who already has received the breath) with skill and love.

Alignment and connection with the foundation unique to Ipsalu; the Paradigm, the spiritual family, ITI policies, Vision and Mission, the Formula, sharing “What is Ipsalu Tantra.”

For Teachers

Ability to plan and present a transformational evening with skill and confidence. Skill to effectively use music and song, lights and setting to create an alternate reality. Sensitivity to feel and move energy within yourself and within a group.

For Mentors

Ability to really listen to people’s sharing, to see what hasn’t yet been said. Ability to coach individuals using the TantraBliss Practicum Lessons 1-3.

Ability to feel and move energy with another individual or couple in a Mentoring session. Ability to bring warmth, trust and heart-to-heart connection in individual or couple sessions.

Application

Register for Teacher Training Module 1. Email your application to IpsaluTantraEurope@gmail.com. In your written application, list the Ipsalu Tantra and other Tantra courses you have taken, with dates and teachers. Write and submit your personal statement of intention and your reason for wanting to take this training. Notice the prerequisites below in shaping your statement.

Prerequisites:

Successful completion of Ipsalu Tantra Levels 1 & 2 (or a plan to do Level 2 within a year.) Established Ipsalu Tantra daily practice.

Sensitivity to energy flowing through your body.

Clear relationship of gratitude & love with Babaji Nagaraj. Embody unconditional love. Ability to be the witness. Ability to receive inner guidance.

Willingness to receive feedback from peers and staff. Demonstrated enjoyment of teaching &/or mentoring.

Demonstrated enthusiasm to share Ipsalu Tantra with others (can be through writing, art, public relations, personal conversations etc.)

Highly recommended, careful reading of the texts - Jewel in the Lotus and Ipsalu Formula

Requirements for Certification as an Ipsalu Apprentice Teacher:

Successful completion of Module 1 of Teacher Training, Level 1 and Level 2

Awareness of the Apprentice's role during a Level 1

Positive self evaluation in all of the skills and qualities listed above

Positive evaluation from the Mod 1 facilitators

As a Certified Apprentice Teacher You Can

Facilitate Ipsalu evening classes, (Formula, core techniques and "play".) Lead satsangs for people who have Cobra Breath.

Sponsor a Level 1 course. Maintain relationship with participants. (Certification is not required to be a sponsor, but the gathering of people and follow-up relationships are greatly enhanced by your refined skills and "credentials.")

Assist certified Teachers and lead techniques in Level 1 courses. Being responsible for your own travel and accommodation expenses.

(Deciding who assists at what weekends will be coordinated by the Program Coordinator with overview of all planned courses, to assure equal opportunities.)

Having received an Level 1 agenda, honor your agreement about what materials and processes are reserved for the Core courses.

Maintain your certification with annual recertification. Your name will appear in the website as a resource for people to contact.

Requirements for Certification as an Ipsalu Tantra Apprentice Mentor

Successful completion of Module 1 of Teacher Training, Level 1 and Level 2

Positive self evaluation in all of the skills and qualities

listed above. Positive evaluation from the Mod 1

facilitators

As a Certified Ipsalu Tantra Apprentice Mentor You Can:

Lead individuals or couples through the processes of the Practicum, Lessons 1-3

Lead satsangs for individuals or couples who have Cobra Breath.

Sponsor a Level 1 course. Maintain relationship with participants. (Certification is not required to be a sponsor, but the gathering of people and follow-up relationships are greatly enhanced by your refined skills and “credentials.”

Having received an Level 1 agenda, honour your agreement about what materials and processes are reserved for the Core courses.

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