

IPSALU TANTRA KRIYA YOGA

LEVEL 1 COBRA BREATH INTENSIVE ~ with Nayano



“LEARNING TO LIVE IN BLISS” ~ DISCOVER YOUR MAGNIFICENCE

YOU WILL LEARN TO:

- Connect your sexual energy with spirituality & expand your heart.
- Transmute sexual energy to rejuvenate the body & stimulate creativity.
- Create and deepen relationships.
- Prepare to awaken Kundalini safely using Cobra Breath.
- Express both the shadow and light sides of your divine humanness.
- Surrender to removing energetic blocks at a cellular level in your body & heal stored emotions.
- Open yourself to manifest your heart's longing.

July 13-15, 2012 ~ Fort Lauderdale, Florida

Friday 7:30-10:30pm, Saturday 9am-7pm, Sunday 9am-6:30pm

Tuition: Singles \$295 Couples \$550

Special discount to review (\$100 deposit to reserve your space)

To Register: Contact Nayano - 954-467-9263 or
Beachvegan@bellsouth.net